

# Comfortable, Affordable Housing & Care for Quality of Life

## MISSION STATEMENT

To deliver relationship based care - a method of caring and serving our elders which honours the sacred state of being present in each moment, developing a "knowing" of their life experience so that our elders can feel securely connected to their environment and those who create it with them.

## VISION

Here, is home. Warm and welcoming, where residents direct each moment of their day. A house where emotional connections to the space, the neighbors, and the employees are nurtured. Here, in this home, we give honour to all who reside here while providing the highest quality services.

## CORE VALUES:

**Knowledge. Experience. Emotional Presence.**

## A CULTURE OF CARING

When combined with, these two words, 'Culture' and 'Caring', come together to form the basis of the ways we provide services to our Elders...

Our Custom - our habit - is to provide services that are thoughtful, compassionate, and loving.

We approach our residents with a soft heart, and we are attentive as we serve their needs with benevolence.

## EAGLE HILL FOUNDATION ADMINISTRATION

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### EAGLE HILL LODGE (WILLINGDON)

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*Lodges located in:*

Willingdon | Two Hills | Myrnam

# Lodge Supportive Living

Everyone ages differently so we respect our residents' individuality and encourage their independence. The Foundation promotes wellness by offering appropriate exercise programs, health care supports, and by encouraging activities that promote socializing and good fellowship.



## **LODGE SERVICES PROVIDED**

- Housekeeping and linens weekly and annual spring clean
- Breakfast, lunch and dinner included in rent
- Recreation programs
- Emergency Response System
- Home care available
- Medication assistance program
- Friendly, caring staff 24/7
- Personal laundry (*additional charge*)
- Hairdressing/barber services (*additional charge*)

## **SUITE FEATURES**

- Thermostat for individual heat control
- Large doorways for accessibility
- Emergency response cords or pendant
- Accessible light switches & outlets
- Barrier free bathrooms with grab bars
- Large closet space

## **HEALTH & WELLNESS**

- Physician in community to offer healthcare services
- Employees with current and relevant training

## **RECREATION/AMENITIES**

- Wheelchair accessible van for shopping and planned outings
- Planned activities including: exercise, social events/entertainment, monthly themed events, bingo, Church, crafts, birthday celebrations, etc.
- Large-screen smart TV, pool table (some communities), shuffleboard, garden areas, trout pond (Willingdon)
- Electronic devices available for virtual visits

## **FOOD SERVICE**

- Fresh, flavourful meals and restaurant-style service with extended dining hours
- Healthy choices available, nutritional counseling, assistance with special diets
- Breakfast: Continental and full breakfast rotation
- Lunch: Salad, choice of two entrees, starch, vegetable and dessert served
- Dinner: Lighter meals including fruit
- Extended dining hours
- Snacks available all day
- Access to resident kitchen and snack bar

## **SAFETY & SECURITY**

- Building security system
- 24 Hour staffing
- Emergency Response System
- Regular wellness checks
- Full sprinkler systems